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## **ABSTRACT**

## Effect of Developing Programmes for Academic Staff, in Developing Their Managerial Abilities and Improving Their Life Quality

Eman Salah Ibrahim Rizk

The research aims mainly at studying the difference between academic staff who have got training courses and their peers who haven't got training courses in each of managerial abilities and life quality, studying the effect in the case of there is a difference, the sample of the study was purposeful of (114) staff from al-Azhar university who have applied to have training courses in the center of developing the abilities of staff in Cairo university, their scientific degrees, age, and marital status. The number of trainees was (72) members, while the number of non trainees was (42) member. The tools of the study included aquestionnaire, managerial abilities measurement, and life quality measurement.

The most important results of the study were: there were significant differenses between trainees and non trainees in the managerial abilities in favor of trainees. The effect of training courses was big. While there were no significant differenses between trainees and non trainees in life quality. Also there were no significant differenses between trainees staff (male – female) in each of managerial abilities and life quality. There were

significant differenses between trainees in managerial abilities according to age, scientific degree or the field of training courses, while there was significan difference between staff trainees in life quality according to age, scientific degree or the field of training courses. There were no significant differenses between staff trainees (married- unmarried) in managerial abilities. While there were a significant differenses between staff trainees (married unmarried) in life quality. Also there were significant differenses between staff trainees in managerial abilities according to specialization (theoretical- practical). While there were no significant differenses between staff trainees in life quality according to specialization (theoretical - practical). Also there was a positive relation between managerial abilities and life quality. The most important recommendations of the study was to assure satisfying training needs of staff in all fields especially in vocational field as it is very effective in developing managerial abilities and life quality.