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جدول ٢١. العلاقة الارتباطية بين الخصائص الشخصية والخصائص المعرفية والدرجة الدالة على شدة أعراض سن اليأس

الأعراض بصفة عامة	أعراض عقلية	أعراض نفسية	أعراض الجهزي الهضمي	أعراض التئيب	أعراض الحسية	أعراض الجلد والشعر والأظفار والعينين والفم	أعراض القلب والأوعية والدموية	أعراض الهيكلي والعضلي	أعراض تناسلية بولية	الخصائص الشخصية والأسرية المستوى التعليمي للمرأة عند أقران الأسرة متوسط الدخل الشهري للفرد في الأسرة
*٠,١٧٠	*٠,١٤٧	**٠,١٨٢	*٠,١٤٤	*٠,١٢٦	*٠,١٢٤	*٠,١١٣	**٠,٢٢٦	*٠,١٤٠	*٠,١٣٨	٠,١٣٨
*٠,١٥٧	*٠,١٢٦	*٠,١٠٨	*٠,١٥٥	*٠,١٧٤	*٠,١٧٦	*٠,١٧٥	*٠,١٨٠	*٠,٠٩١	**٠,٢٠٦	٠,١١٣
*٠,١١٠	*٠,٠٩٤	*٠,١٠٧	*٠,١٠٥	*٠,١٥٥	*٠,١٤٥	*٠,١٣٥	*٠,١٤٤	*٠,٠٨٩	*٠,١١٣	٠,١١٣
*٠,١١٨	*٠,١٢٣	*٠,١١٦	*٠,١٠٧	*٠,١٥٩	*٠,١٤٧	*٠,١٤٩	*٠,١٥٧	*٠,١٢٤	*٠,١٣١	٠,١٣١

*مغزوي عند ٠,١٠٥ **مغزوي عند ٠,٠١

ملحوظة: تم إعطاء الدرجات الأعلى في حالة عدم وجود الأعراض والدرجات الأقل تدل على أعراض أشد.

جدول ٢٢. العلاقة الارتباطية بين جودة الحياة بجوارها المختلفة و شدة أعراض سن اليأس

أعراض بصفة عامة	أعراض عقلية	أعراض نفسية	أعراض الجهزي الهضمي	أعراض التئيب	أعراض الحسية	أعراض الجلد والشعر والعيون والأظفار	أعراض القلب والأوعية الدموية	أعراض الهيكلي والعضلي	أعراض تناسلية بولية	جودة الصحة العامة جودة العلاقات الأسرية والشخصية جودة الصحة النفسية جودة إدارة الوقت جودة تقبل الذات الاستقلالية جودة الحياة بصفة عامة
**٠,٣٤٢	**٠,٣٤٢	**٠,٣٧٨	**٠,٣٩٧	*٠,١٠١	**٠,٢٤٤	**٠,١٨٠	**٠,٣١٤	**٠,٢٤٥	*٠,١٠٠	٠,١٠٠
**٠,٣٧٨	**٠,٣٣٤	**٠,٣٧٥	**٠,٣٨٤	*٠,١٠١	**٠,٢٣٨	**٠,٢٢٣	**٠,٢٢٤	*٠,٠٩٩	*٠,٠٤٣	٠,٠٤٣
**٠,٣٩٢	**٠,٤١١	**٠,٤٩٦	**٠,٣٧٧	**٠,٣٤٤	**٠,١٨٩	**٠,٢٢٧	**٠,٢٦٣	*٠,١٥٥	*٠,١٧٩	٠,١٧٩
*٠,١٧٧	*٠,١٤٦	*٠,١٤٨	*٠,١٧٨	*٠,١١٩	*٠,١٥٨	*٠,١٠٦	*٠,١٦٨	*٠,١٠٢	*٠,١٠٩	٠,١٠٩
**٠,٣٤٧	**٠,٢٠٣	**٠,٢٧٥	**٠,١٨٣	*٠,١٠٨	*٠,١٠٣	*٠,٠٨٣	**٠,٢٠٨	**٠,٢٢١	*٠,٠٠٤	٠,٠٠٤
*٠,١٠٩	*٠,١٤٤	*٠,١٤٥	*٠,١٠٢	*٠,١٠٨	*٠,١٠٣	*٠,٠٤٧	*٠,١٢٧	*٠,٠٨٢	*٠,٠٠٨	٠,٠٠٨
**٠,٣٩٤	**٠,٣٧٩	**٠,٤٢٧	**٠,٣٧٥	*٠,١٦٩	**٠,٢٤٨	**٠,٢٠٧	**٠,٣١٩	**٠,٢١٧	*٠,٠٥٨	٠,٠٥٨

*مغزوي عند ٠,١٠٥ **مغزوي عند ٠,٠١

ملحوظة: تم إعطاء الدرجات الأعلى في حالة عدم وجود الأعراض والدرجات الأقل تدل على أعراض أشد.

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ABSTRACT

Relationship between Life Satisfaction and Menopause Symptoms

Heba M. Y. Abdel Aziz, Laila M. I. El-Khordy, Ekram R. M. Soliman

The present study aimed to investigate the factors relationship between life satisfaction and symptoms of menopause. The sample included 200 women in age 45 and more, in Alexandria city.

Data were collected through personal interview with women using especial designed questionnaire sheet.

The important results were:

- 1- The mean age of the women was 54.5 years \pm 5.56.
- 2- 38% of the sample were highly educated.
- 3- Income per capita was 1133 \pm 807.63 L.E

- 4- For the level of menopausal symptoms the results revealed that 7.5% of the sample had medium levels and 3% had severe symptoms.
- 5- For the level of life satisfaction the results revealed that 68%,32% of the women respectively had medium and good level .
- 6- The results showed that there is a significant correlation ($P<0.05$) between education and the level of symptoms.
- 7-The results showed that there is a highly significant correlation ($P<0.01$) between life satisfaction and level of symptoms.